

SAKS symposium 2018

Treatment of Patellofemoral Pathology

Program

Friday 14th September 2018:

8.30 – 09.30: Registration, coffee and company exhibition.

Patellofemoral anatomy, biomechanics and imaging

Chair: Martin Rathcke + practical info

09.30 – 09.40: Welcome. Introduction. Epidemiology. *Martin Lind*

09.40 – 10.05: Anatomy of the patella femoral joint. Soft-tissue, bone dysplasi and rotational pathology. Clinical examination *Peter Lavard*

10.05 – 10.30: Imaging with X-ray, CT and MRI. *Philip Hansen*

10.30 – 11.15 : Coffee break and company exhibition.

Patellofemoral pain condtions

Chair: Per Hölmich

11.15 – 11.45: Patellofemoral pain syndrome. *Michael Rattleff*

11.45 – 12.00: Plica syndrome and management. *Lars Blønd*

12.00 – 12.10: Discussion. *All*

12.10– 13.10: Lunch and company exhibition.

Patella instability

Chair: Martin Lind

13.10 – 13.30: Epidemiology of patella instability in children, adolescents and adults. *Petro Sillanpää*

13.30 – 13.50: Principles of management of patella instability and treatment decision strategy. *David Dejour*

13.50 – 14.10: Medial patellofemoral Ligament reconstruction. *Petri Sillanpää*

14.10 – 14.30: Tibial tuberosity osteotomies. *David Dejour*

14.30 – 14.40: Discussion. *All (10 min)*

14.40– 15.20: Coffee break and company exhibition.

Chair: Peter Lavard

15.20 – 15.40: When is trochleoplasty relevant and trochleoplasty techniques. *David Dejour*

15.40 – 15.50: Arthroscopic arthroplasty technique. *Lars Blønd*

15.50 – 16.10: Management of pediatric patella instability. *Petri Sillanpää*

16.10 – 16.25: Complex patella instability conditions, Chronic patella dislocation, habitus dislocation and patella nail syndrome. *Martin Lind and Anders Odgaard*

16.25 – 16.40: Rehabilitation principles after patella instability surgery. *Mathilde Lundgaard-Nielsen*

16.40 – 17.00: Discussion. *All (20 min)*

19.00 → Symposium Dinner ☺ → 22.00 → Social gathering

Saturday 15th September 2018:

07.00 – 08.00: Breakfast and company exhibition.

Free Sportstraumatologic Papers:

Chair: Per Hölmich & Anders Boesen

08.00 – 09.00: Free papers on Arthroscopic Surgery or Sportstraumatology.

Registry, physiotherapy and cases.

Chairman: Bjarne Mygind-Klavsen

09.00 – 09.20: Physiotherapeutic principles for non-operative treatment of patellofemoral pain and instability. *Torsten Nielsen*

09.20 – 09.40: Patellofemoral instability registry. *Nis Nissen*

09.40 – 10.20: Coffee break and company exhibition.

Cartilage Lesions.

Chair: Lars Konradsen

10.20 – 10.40: Management of patellofemoral cartilage lesions. *Lars Konradsen*

10.40 – 11.20: Management of patellofemoral osteoarthritis and extensor apparatus transplantation. *Anders Odgaard*

11.20 – 11.30: Discussion

11.30 – 12.15: Cases and panel discussion. (30 Min). *All*

12.15 – 12.30: Evaluation and Closing remarks + **Grab and Go lunch.**

Program

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SAKS

Danish Society of Arthroscopic Surgery and Sportstraumatology